

## **FOR IMMEDIATE RELEASE**

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(June 28, 2007) - Ground was broken today for Heritage Woods of DeKalb, a supportive living community being developed on property adjacent to the DeKalb County Rehab and Nursing Center , in DeKalb, Illinois.

“Supportive living communities are designed for adults 65 and older of all incomes who may need help to maintain their independence, but do not require skilled nursing care,” says Blair Minton of BMA Management, Ltd., the firm that will manage Heritage Woods of DeKalb. “As such, the Heritage Woods community will especially benefit the nearly 40% of the older adult population in the DeKalb area who cannot afford private pay assisted living.”

The \$11.9 million development will house 76 studio and one-bedroom apartments.

**MORE**

## **HERITAGE WOODS OF DEKALB**

### **ADD ONE**

“In our supportive living communities, we combine residential apartment home living with the availability of personal assistance and support services,” Minton explains.

Residents live in a private apartment and receive the personal assistance they need. They benefit from the availability of three meals a day, housekeeping and laundry services. They also are able to enjoy the companionship of friends and neighbors and the opportunity to participate in social, recreational and educational activities.

Certified nurses assistants are on-duty 24 hours a day, seven days a week to provide help with medications, bathing, dressing, grooming, and ambulation. Health assessments, health monitoring, health education and physician communication services also are available.

Each of the studio and one-bedroom apartments at Heritage Woods of DeKalb will feature a kitchenette, spacious bathroom, individually controlled heating and air conditioning, and emergency response system.

**MORE**

## **HERITAGE WOODS OF DEKALB**

### **ADD TWO**

"We strongly believe that supportive living communities serve as a great alternative to nursing home care or to struggling alone at home," says Minton. "Our emphasis is on maintaining the health, wellness, dignity and independence of each resident."

Supportive living communities are certified by the Illinois Department of Healthcare and Family Services. Older adults with limited financial resources, including those on Medicaid or who only receive Social Security benefits, can qualify for residency.

BMA Management, the firm that will manage Heritage Woods of DeKalb, currently manages 17 senior living communities in Illinois, with nearly 1,400 apartments. Sixteen of the 17 communities are supportive living.

The supportive living communities managed by BMA are located in Aledo, Batavia, Benton, Carbondale, Centralia, Chicago, Danville, Decatur, Flora, Manteno, Maryville, Mount Vernon, O'Fallon, Ottawa, Urbana and Watseka.

Additional supportive living communities are under construction in McHenry, Moline, Pekin, Rockford, and Yorkville.

**MORE**

## **HERITAGE WOODS OF DEKALB**

### **ADD THREE**

Plans call for the Heritage Woods of DeKalb community to open in the summer of 2008.

Persons interested in having their name added to an interest list for Heritage Woods of DeKalb or obtaining more information about supportive living or any of the communities managed by BMA Management can call 877-882-1495 toll-free.